

# Mean systemic filling pressure indicates fluid responsiveness and anaesthesia-induced unstressed blood volume

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## Abstract

**Purpose:** The mean systemic filling pressure ( $P_{ms}$ ) plays a central role for our understanding of the circulation. In a retrospective analysis of a clinical trial, we studied whether  $P_{ms}$  indicates fluid responsiveness and whether  $P_{ms}$  can indicate an anaesthesia-induced increase of the unstressed blood volume, which is the volume that does not increase the transmural pressure.

**Methods:** An analogue to  $P_{ms}$  based on cardiac output, the mean arterial pressure and the central venous pressure, abbreviated to  $P_{msa}$ , were calculated in 86 patients before induction of general anaesthesia and before 3 successive bolus infusions of 3 mL kg<sup>-1</sup> of colloid fluid. An increase in stroke volume of  $\geq 10\%$  from a bolus infusion indicated fluid responsiveness. Receiver operator characteristic (ROC) curves were used to find the optimal cut-off for  $P_{msa}$  to indicate fluid responsiveness. Changes in blood volume were estimated from anthropometric data and the haemodilution.

**Results:**  $P_{msa}$  was lower in fluid responders than in non-responders before induction ( $13.2 \pm 2.2$  vs.  $14.7 \pm 2.7$  mmHg; mean  $\pm$  SD,  $P < 0.01$ ) and after induction of general anaesthesia ( $11.4 \pm 2.1$  vs.  $12.8 \pm 2.1$  mmHg;  $P < 0.006$ ). ROC curves showed that 14 mmHg before anaesthesia and 12 mmHg after anaesthesia induction served as optimal cut-offs for  $P_{msa}$  to indicate fluid responsiveness. A linear correlation between  $P_{msa}$  and blood volume changes suggested that the anaesthesia increased the unstressed blood volume by 1.2 L.

**Conclusions:**  $P_{msa}$  was lower in fluid responders than in non-responders. General anaesthesia increased the need for blood volume by 1.2 L.

**Key words:** mean systemic filling pressure, fluid therapy, fluid responsiveness, general anaesthesia, stroke volume.

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The mean systemic filling pressure ( $P_{ms}$ ) is the pressure that develops in the systemic circulation if the heart suddenly stops [1]. The importance of  $P_{ms}$  for vascular status was first studied by the physiologist Arthur Guyton. His view was that the heart fills passively. Therefore, cardiac output (CO) is determined by the venous return (VR), which is, in turn, driven by the difference between  $P_{ms}$  and the central venous pressure (CVP) and modified by other factors that oppose venous return (RVR). The theories surrounding the role of  $P_{ms}$  as a key determinant of circulation are sometimes called "Guyton's haemodynamics" and offer complementary views on how to interpret haemodynamic data [2]. Guyton's experiments were performed on animals in a highly

controlled laboratory environment; however, results in humans published during the past 20 years support key elements in Guyton's haemodynamic theories [3].

The key problem is that  $P_{ms}$  is difficult to measure, which has necessitated the development of predictive algorithms. One analogue, called  $P_{msa}$ , is based on CVP, mean arterial pressure (MAP), and CO [4, 5]. This analogue is implemented in a commercially marketed monitor: Navigator (Applied Physiology, Pty Ltd., Sydney, Australia). Cecconi *et al.* [6] connected a Navigator module to a pulse contour haemodynamic monitor and recorded Guyton's variables in postsurgical patients. Their reported haemodynamic changes showed great variability but

agreed with Guyton's views. Later evaluations have compared  $P_{msa}$  with more invasive laboratory methods of measuring  $P_{ms}$  [7–10]. A review by Cooke *et al.* found that  $P_{msa}$  was lower in fluid responders than in non-responders, but the studied patients were usually subjected to complex treatments, including intensive care [11].

The objective of the present report was to evaluate if  $P_{msa}$  can predict whether a patient is fluid responsive in the clinical setting with as few confounders involved as possible. Measurements were performed before general anaesthesia was induced and just before surgery was to begin, and without the involvement of adrenergic drugs. The assessment of fluid responsiveness is the key methodology used for clinical evaluation of the need for fluid administration during surgery and intensive care. A secondary objective was to let  $P_{msa}$  estimate the increase in unstressed blood volume that occurs when general anaesthesia is induced. This shows how much the vascular space increases by anaesthesia-induced vasoplegia, and this is, to our knowledge, a novel use of  $P_{msa}$ .

The hypotheses were that  $P_{msa}$  predicts fluid responsiveness and that data on  $P_{msa}$  can provide information about unstressed blood volume. The null hypotheses were that  $P_{msa}$  could not predict fluid responsiveness and not indicate the anaesthesia-induced change in unstressed blood volume.

## METHODS

### Patients

This is a retrospective analysis of a prospective non-randomized clinical study that included patients with suspected or established gastric, colonic, or rectal cancer, who were recruited to participate in an open-label clinical trial [12, 13]. They underwent laparoscopic or open gastrointestinal surgery under combined intravenous and inhalational general anaesthesia. Exclusion criteria were liver or renal dysfunction (liver enzymes > 50% or serum creatinine > 50% of normal), coagulation disturbances, obstructive pulmonary disease, atrial fibrillation, and mental disorders.

The protocol was approved by the Ethics Committee of the First Affiliated Hospital, College of Medicine, Zhejiang University (Hangzhou, PR of China; No. 2011150, Official in charge: Zhangfei Shou). Written informed consent was obtained from each study subject.

### Anaesthesia

The patients fasted overnight, and no premedication was given. At 8 a.m., anaesthesia was induced and tracheal intubation performed after injecting appropriate amounts of propofol, fentanyl, and cisatracurium. The patients were mechanically ventilated

using a tidal volume of 8 mL kg<sup>-1</sup>, 12 breaths/min, and a positive end-expiratory pressure of 3 cm H<sub>2</sub>O. The anaesthesia was guided with 1–2% of sevoflurane and continuous infusions, and remifentanyl to reach a bispectral index (BIS monitor) value of between 40 and 60. No adrenergic drugs were administered, but the attending anaesthetist was allowed to provide rescue drug medication to treat arterial hypotension.

### Fluid program

No fluid was infused during the induction of general anaesthesia. Beginning 10–15 min after the tracheal intubation, 3 bolus infusions of 6% hydroxyethyl starch 130/0.4 (Voluven®; Fresenius Kabi Deutschland GmbH, Bad Homburg, Germany) were given in the volume at 3 mL kg<sup>-1</sup> over 7 min via an infusion pump (IEC 601-1; Abbott Laboratories, Chicago, IL). The haemodynamic response was recorded 5 min after the end of each bolus infusion. The flat recumbent body position was maintained, and surgery was not initiated until all 3 optimizations had been completed. All patients received all 3 bolus infusions regardless of the haemodynamic response. No crystalloid fluid was given.

### Measurements

When the patient entered the operating theatre, catheterization of the left radial artery and right internal jugular vein was performed under local anaesthesia and sedation by midazolam. The arterial line was connected to a FloTrac™ sensor, from which data were sent for analysis to a Vigileo monitor (Software version 3.6; Edwards Lifesciences, Irvine, CA). The arterial waveform pulse contour was used to calculate the stroke volume (SV). Monitoring also included central venous pressure (CVP), pulse oximetry, electrocardiography, and heart rate. These data were saved digitally on a multifunction monitor (Datex-Ohmeda, Hoevelaken, Netherlands).

The CVP was calibrated against the atmospheric pressure prior to induction of anaesthesia. The zero point corresponded to the level of the 4<sup>th</sup> rib in the anterior axillary line. The effect of a few extreme outliers was reduced by setting transient changes in CVP > 4 mmHg in response to a single bolus infusion at 4 mmHg.

Data on central haemodynamics were collected before and after induction of anaesthesia, just before the first bolus infusion was initiated, and again 5 min after each of the bolus infusions ended.

### Fluid responsiveness

The target in flow-guided optimization with fluid loading is to reach the top of the Frank-Starling curve. Therefore, the patient is a responder if a bolus infusion raises the SV by ≥ 10% and a non-responder

if the increase is < 10% [14, 15]. As flow-guided optimization implies a titration process, a bolus is indicated if given after an infusion in which the patient was fluid-responsive, but the subsequent bolus is warranted only if the SV increases by  $\geq 10\%$ .

### Guyton's haemodynamic variables

An analogue to the  $P_{msa}$  has been derived from measurements of CVP, MAP, and CO, assuming a constant veno-arterial compliance of 24 : 1 [4–6]:

$$P_{msa} = a \text{ CVP} + b \text{ MAP} + c \text{ CO},$$

where  $a = 0.96$ ,  $b = 0.04$  ( $a + b = 1$ ), and  $c = 0.96 \times 1/26 \times$  systemic vascular resistance at rest. However,  $c$  is commonly derived from anthropometric data. The value of  $c$  varies between 0.3 and 1.2 depending on age and body constitution (average 0.6) and is calculated as follows [6]:

$$c = 0.038 (94.17 + 0.193 \text{ age}) / [4.5 (0.99^{\text{age}-15}) 0.007184 (\text{height}^{0.725}) \text{ weight}^{0.425}].$$

The pressure gradient for venous return (driving force for venous return – dVR) is obtained as:  $dVR = P_{msa} - \text{CVP}$ .

The global pumping efficiency (Eh) is calculated as:  $Eh = (P_{msa} - \text{CVP}) / P_{msa}$ .

The resistance to venous return (RVR) was obtained as:  $RVR = dVR / \text{CO}$ .

### Blood volume

The blood volume changes in response to the bolus infusions were calculated by multiplying the change in the blood haemoglobin concentration with the baseline blood volume, which was estimated based on the height and weight of each patient as follows [16]:

$$\text{BV (L, females)} = 0.03308 \text{ weight (kg)} + 0.3561 \text{ height}^3 \text{ (m)} + 0.1833,$$

$$\text{BV (L, males)} = 0.03219 \text{ weight (kg)} + 0.3669 \text{ height}^3 \text{ (m)} + 0.6041.$$

The BV expansion in response to a fluid bolus was calculated before (time 1) and after (time 2) the infusion according to the following equation:

$$\Delta \text{BV}_{2-1} = \text{BV}_1 [(Hb_1 / Hb_2)] - \text{BV}_1$$

### Statistical analysis

The data are presented as mean  $\pm$  SD, and differences in haemodynamic parameters between groups evaluated by one-way analysis of variance (ANOVA). Changes over time were studied by repeated measures ANOVA followed by the Scheffé test. No data with skewed distribution are reported.  $P < 0.05$  was considered statistically significant.

Receiver operator characteristic (ROC) curves were used to calculate the sensitivity and specificity of  $P_{msa}$  (continuous variable) to predict fluid responsiveness (dichotomous variable) using the IBM SPSS Statistics Version 22. The given prediction is statistically significant if the 95% confidence interval does not include 0.5.

### RESULTS

The cohort consisted of 86 patients (65% males). Data were lacking from 7 patients, which was due to a missing central venous catheter ( $n = 5$ ), arterial pressure ( $n = 1$ ), and stroke volume ( $n = 1$ ). Hence, the final analysis consisted of 79 subjects who were  $56 \pm 13$  years old, had a height of  $184 \pm 8$  cm, and body weight of  $60 \pm 8$  kg. All these patients received 3 bolus infusions after general anaesthesia had been induced.

### Haemodynamics

The haemodynamic data are summarized in Table 1. All parameters showed highly significant changes during the study (repeated-measures ANOVA,  $P < 0.001$ , except MAP,  $P < 0.01$ ). SAV, MAP,  $P_{msa}$ , Eh, dVR, and VR (but not CVP) decreased after

TABLE 1. Basic haemodynamic data for all patients. Data are presented as mean  $\pm$  SD

Parameter	Before anaesthesia	Before 1 <sup>st</sup> bolus	Before 2 <sup>nd</sup> bolus	Before 3 <sup>rd</sup> bolus	After 3 <sup>rd</sup> bolus
Stroke volume (mL)	82 $\pm$ 25	53 $\pm$ 16	60 $\pm$ 15	65 $\pm$ 16	67 $\pm$ 16
MAP (mmHg)	104 $\pm$ 13	76 $\pm$ 10	75 $\pm$ 10	74 $\pm$ 11	75 $\pm$ 10
CVP (mmHg)	5.0 $\pm$ 3.0	6.1 $\pm$ 3.3	6.7 $\pm$ 3.2	7.4 $\pm$ 3.1	8.3 $\pm$ 3.2
$P_{msa}$ (mmHg) <sup>1</sup>	13.8 $\pm$ 2.5	11.9 $\pm$ 2.2	12.4 $\pm$ 2.2	13.1 $\pm$ 2.3	14.0 $\pm$ 2.4
dVR (mmHg)	9.0 $\pm$ 1.1	4.8 $\pm$ 1.8	5.3 $\pm$ 1.2	5.2 $\pm$ 1.3	5.1 $\pm$ 1.2
Eh	0.67 $\pm$ 0.11	0.42 $\pm$ 0.18	0.44 $\pm$ 0.12	0.41 $\pm$ 0.13	0.37 $\pm$ 0.11
RVR (mmHg min $\times$ L <sup>-1</sup> )	1.5 $\pm$ 0.3	1.3 $\pm$ 0.4	1.4 $\pm$ 0.4	1.4 $\pm$ 0.4	1.3 $\pm$ 0.3
VR (L $\times$ min <sup>-1</sup> )	6.3 $\pm$ 1.7	3.8 $\pm$ 1.1	3.9 $\pm$ 1.0	4.0 $\pm$ 1.2	3.9 $\pm$ 1.1
Blood volume (mL)	4.22 $\pm$ 0.79	Not measured	4.90 $\pm$ 0.94	5.18 $\pm$ 0.96	5.44 $\pm$ 1.03
“Warranted” bolus	–	63%	44%	21%	
	Spontaneous breathing	General anaesthesia with 3 cm PEEP			

<sup>1</sup>The value of  $c$  was  $0.85 \pm 0.15$  mmHg L<sup>-1</sup>.

the induction of anaesthesia but then showed an increasing trend. Each increase was statistically significant by  $P < 0.05$  based on the Scheffé test, the only exceptions being MAP, dVR after the 3<sup>rd</sup> bolus, RVR between the 2<sup>nd</sup> and 3<sup>rd</sup> bolus, and VR between the 1<sup>st</sup> and 3<sup>rd</sup> bolus.

### Fluid responsiveness

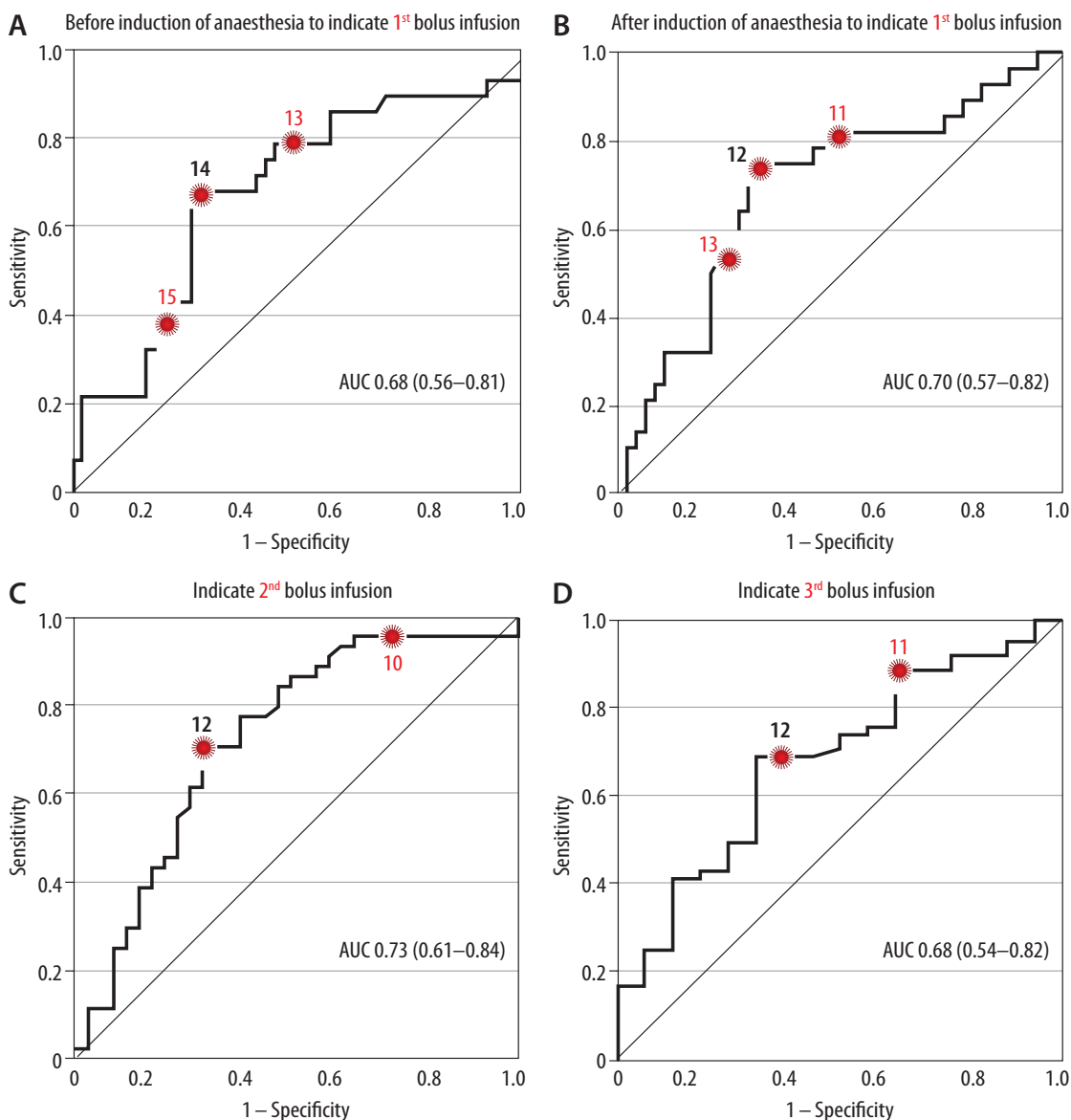
Fluid responsiveness was present in 63%, 44%, and 21% of the patients during the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> bolus infusion, respectively, the criterion being that SV needed to increase by  $\geq 10\%$ .

Figure 1 shows that ROC curves revealed that  $P_{msa}$  could separate responders from non-responders with an AUC of approximately 65–70% before administration of any of the bolus infusions;

the 95% confidence interval never reached 0.5, and thus allows the first null hypothesis to be rejected. Fluid responsiveness could be indicated even before anaesthesia induction.

The cut-off point was 14 mmHg for  $P_{msa}$  measured before anaesthesia (in the conscious state) to indicate fluid responsiveness at the end of the first bolus infusion that was given after anaesthesia induction and intubation (Figure 1A). The cut-off was 12 mmHg for the  $P_{msa}$  obtained just before the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> bolus infusion to predict fluid responsiveness (Figures 1B–D).

$P_{msa}$  measured before the induction of anaesthesia predicted how many of the bolus infusions would later become “warranted” ( $P < 0.03$ , Figure 2). Patients in whom none of the 3 bolus infusions was



**FIGURE 1.** Receiver operating characteristic (ROC) curves were used to express the ability of  $P_{msa}$  to predict whether a patient is fluid responsive during a subsequent bolus infusion. The thick numbers are the optimal cut-off, and the thin red digits provide orientation on the curve. The optimal cut-offs for  $P_{msa}$  were 14, 12, 12, and 12 mmHg

warranted most likely had a  $P_{msa}$  of  $14.9 \pm 2.0$  mmHg before anaesthesia was induced. By contrast, those in whom all 3 bolus infusions were warranted had a mean starting value of  $12.2 \pm 2.5$  mmHg ( $P < 0.04$ ).

### Fluid responders vs. non-responders

$P_{msa}$  differed significantly between subjects who proved to be non-responders and those who proved to be responders during the subsequent bolus infusion. This was a consistent finding throughout the study (Figure 3A).

Induction of anaesthesia was followed by a marked decrease in both dVR and Eh, but further changes and differences between non-responders and responders were negligible (Figures 3B and C).

RVR tended to be higher in the responders, but the differences were minor (Figure 3D).

Stroke volume showed the same pattern as  $P_{msa}$  but the differences between responders and non-responders were smaller and not significant at all time points (Figure 3E).

To understand Figure 3, note that the patients were continuously redefined as non-responders and responders and that each patient could switch between these groups at different points in time.

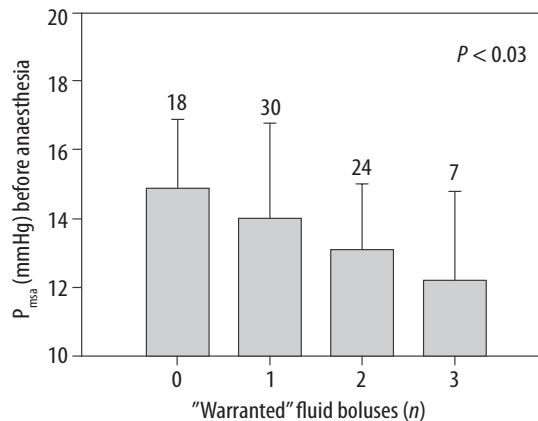
### Unstressed volume

Figure 4 illustrates how the unstressed blood volume was increased by general anaesthesia. The onset of anaesthesia decreased  $P_{msa}$  by 3.3 mmHg, which is indicated by an arrow. The blood volume at baseline amounted to  $4.2 \pm 0.8$  L, and the plasma volume expansion resulting from the bolus infusions is plotted versus  $P_{msa}$  to obtain a linear vascular compliance curve that represents the anaesthetized state. An increase in the unstressed blood volume occurred at the expense of the stressed volume during the induction of anaesthesia. This increase in unstressed blood volume is indicated by the vertical shift from the baseline  $P_{msa}$  (13.8 mmHg, start of the arrow) to the vascular compliance curve. This distance corresponds to 1.2 L on the y-axis.

## DISCUSSION

### Key results

$P_{msa}$  predicted fluid responsiveness before a fluid bolus was infused during general anaesthesia.  $P_{msa}$  also indicated the fluid responsiveness prior to anaesthesia induction and even how many fluid boluses would be needed until the SV no longer increased by  $\geq 10\%$ . However, the overall discriminating capacity of  $P_{msa}$  to predict fluid responsiveness was not impressive; the ROC curves yielded confidence intervals that were statistically significant but only with modest margins.



**FIGURE 2.** The mean systemic filling analogue ( $P_{msa}$ ) measured prior to induction of general anaesthesia indicated how many of the 3 subsequent fluid boluses would be warranted (i.e. showed fluid responsiveness). Data are the mean, and the error bars are the standard deviation. Digits on top of each bar show the number of patients in each group. The  $P$ -value is the result of an ANOVA testing for differences in  $P_{msa}$  with the number of warranted bolus infusions as a predictor

We used the fluid-induced responses in  $P_{msa}$  to estimate how much the anaesthesia-induced reduction in vascular compliance increased the unstressed blood volume, which is the fraction of the intravascular volume that does not generate pressure [3]. Figure 4 shows that 1.2 L of blood would be needed to restore  $P_{msa}$  to its pre-anaesthesia level.

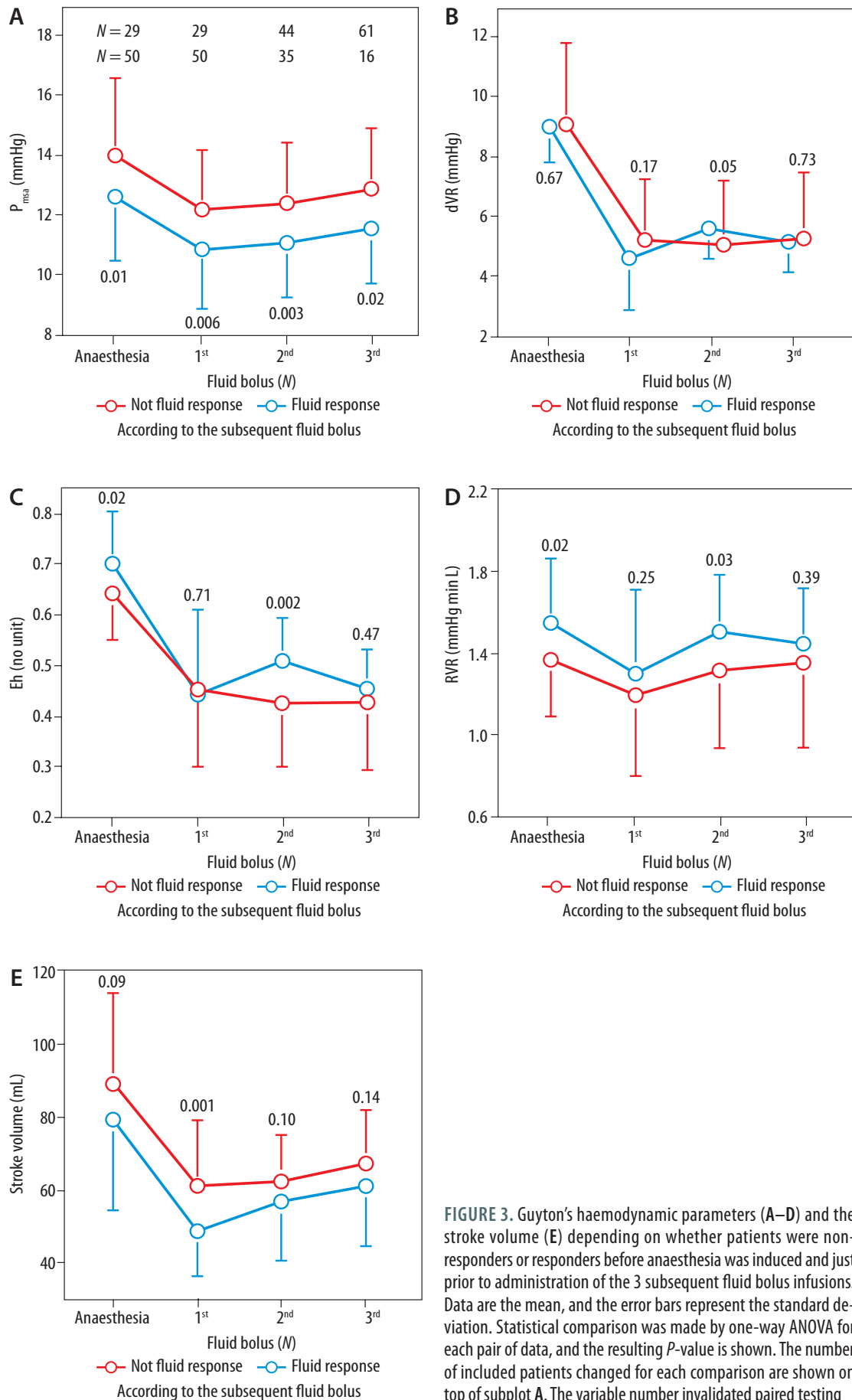
### Guyton's parameters

The research works by Arthur Guyton [2] from the 1950s link circulatory volume with pressure and flow. The central concept is the mean circulatory filling pressure ( $P_{mcf}$ ), which is the pressure that develops in the vascular system if the blood flow is quickly stopped. A closely related variable is the  $P_{msf}$  which denotes the pressure when equilibrated throughout the systemic circulation. The  $P_{ms}$  and  $P_{mcf}$  values are usually similar and are often used interchangeably.

The dVR is the difference between  $P_{ms}$  and right atrial pressure, which is measured clinically as the CVP. Thus, a high CVP operates as a back pressure that reduces venous return, which governs CO. The flow gradient is stronger if  $P_{ms}$  is high, which is expressed by the parameter denoted Eh, because the resistance to flow by the CVP then becomes less important. One may say that Eh is a measure of how effectively a volume change increases the CO.

### Haemodynamic findings

The likelihood of fluid responsiveness was higher when  $P_{msa}$  was low. This is logical because  $P_{msa}$  reflects the "stressed" blood volume and the vascular compliance. The fluid-induced increases in  $P_{msa}$  did



**FIGURE 3.** Guyton's haemodynamic parameters (A–D) and the stroke volume (E) depending on whether patients were non-responders or responders before anaesthesia was induced and just prior to administration of the 3 subsequent fluid bolus infusions. Data are the mean, and the error bars represent the standard deviation. Statistical comparison was made by one-way ANOVA for each pair of data, and the resulting *P*-value is shown. The number of included patients changed for each comparison are shown on top of subplot A. The variable number invalidated paired testing

not differ significantly between responders and non-responders, and this was also expected because the same fluid volume was given to all patients.

The dVr and Eh decreased by 30–40% after the induction of general anaesthesia, suggesting decreased inotropy, which was also reflected in a drop in stroke volume by 35%. By contrast,  $P_{msa}$  only decreased by 25%, as shown in Figure 4. This difference can be explained by the increase in CVP, which is most likely due to the positive airway pressure that was initiated as soon as patients were anaesthetized. This suggests that 2/3 of the reduction of the SV could be accounted for by an anaesthesia-induced increase in vascular compliance. The resistance to venous return (RVR) is not expected to change during hyper- or hypovolaemia [8], and only small changes were found in the present study.

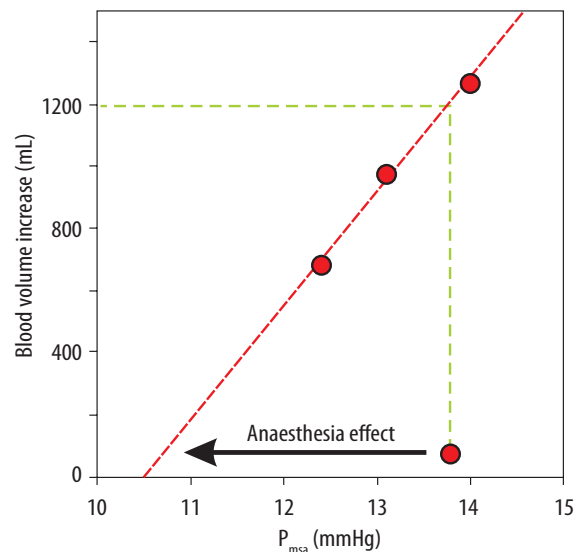
### Unstressed blood volume

The unstressed blood volume is usually obtained from the intercept of the y-axis (volume) at zero pressure in a vascular compliance plot [3]. Figure 4 shows this type of plot, but it is based on just the changes within the narrow interval of the present measurements. Here, the horizontal shift between the baseline  $P_{msa}$  and the compliance curve indicated the anaesthesia-induced decrease of  $P_{msa}$  (the arrow). The increase in the unstressed blood volume due to general anaesthesia is given by the blood volume corresponding vertical distance between the baseline  $P_{msa}$  (where the arrow begins) and the regression line. This is the volume that the anaesthetist aims to compensate for using intravenous fluid and/or combat with a vasopressor.

The particularly pronounced blood volume response to the first bolus infusion is probably because some capillary refill always occurs in response to the decrease in arterial pressure accompanying anaesthesia induction, even in the absence of intravenous fluid administration [17]. The blood Hb level will ultimately decrease in this process. Capillary refill is also the reason why the first post-induction  $P_{msa}$  could not be used in Figure 4, because the blood volume change was not zero, and no matching haemoglobin value was taken (hence, no value on the y-axis was available for the plot).

Overall, the bolus infusions expanded the blood volume by more than the infused amount. This is reasonable because the colloid osmotic pressure of the fluid is 33% higher than normal blood plasma [18]. However, the intravenous retention of the infused fluid, being higher for colloids than for crystalloids, is unlikely to matter much for the present calculations.

Crystalloid fluid might even offer an alternative way to estimate the anaesthesia-induced increase of the unstressed volume. Kinetic analysis of haemodi-



**FIGURE 4.** Increases in the unstressed blood volume by general anaesthesia. The plot shows the  $P_{msa}$  for 3 successive bolus infusions versus the gradual increase in blood volume when general anaesthesia had been induced. The arrow indicates the reduction of the  $P_{msa}$  from baseline, i.e. before induction of anaesthesia, to the vascular compliance curve, which represents the anaesthetized state. This vertical distance between the starting point of the arrow and the compliance curve indicates the anaesthesia-induced increase of the unstressed blood volume. Mean values for all patients were used

lution curves in women scheduled for abdominal hysterectomy showed that capillary leakage of fluid was arrested when 1.24 L (16.6 mL kg<sup>-1</sup>) of Ringer's solution had been infused, which is similar to the value found here [19]. This finding suggests that a low  $P_{msa}$  counteracts the capillary leakage of fluid when the blood volume is expanded by crystalloid fluid.

The marked increase in unstressed blood volume in this setting is relevant to our understanding of the haemodynamic response to general anaesthesia. It might explain the difficulty of preventing arterial hypotension by intravenous fluid alone [20].

### Literature

The central idea of Guyton's haemodynamics is that CO is determined by the venous return, whereas the heart plays a permissive role [3]. Despite critical views, this concept has received widespread attention among physiologists, anaesthetists, and intensivists [21].

Basic studies have been performed in pigs, where  $P_{ms}$  has been derived by ventilatory manoeuvres [22, 23] and, recently, with extracorporeal membrane oxygenation [10].

Attempts to use  $P_{ms}$  in the clinic have been made over the past decade. Three methods are used. One is to calculate  $P_{ms}$  when VR is suppressed by deep stepwise inspirations. The second is to arrest the circulatory flow in one arm by inflating a blood pressure cuff and then obtain  $P_{ms}$  when the arterial

and venous pressures have become equal. The third method is to calculate the  $P_{ms}$  analogue, called  $P_{msa}$ , which was the approach used in the present work.

Comparisons between these methods in cardiac surgery have shown, in one study, an acceptable agreement between  $P_{ms}$  values but good agreement between changes in effective blood volume [7]. Meijs *et al.* [9] compared inspiratory holds with  $P_{msa}$  in cardiac surgery and found the methods to be interchangeable.

Cecconi *et al.* [6] measured Guyton's haemodynamic parameters in 39 postoperative patients who received different vasoactive therapies and respiratory support. The  $P_{msa}$  showed great variability and did not increase in response to a fluid bolus consisting of either crystalloid or colloid fluids.

A review by Cooke *et al.* [11] supports our finding that  $P_{msa}$  is lower in fluid responders than in non-responders. Fluid challenges and passive leg raising increased  $P_{msa}$  more in the responders, and by a greater incremental change than we found. These differences may be due to the anaesthetized state of our patients.

### Limitations

The strengths of the study include the uniform anaesthetization of the patients and their freedom from acute disease. All patients also received the same fluid treatment. Sampling was carefully timed by a single set of investigators. No adrenergic drugs were used, as they may affect vascular tone and  $P_{msa}$  [24]. Such drugs were still allowed as rescue treatment for arterial hypotension but were not considered necessary by the attending anaesthetists.

Non-responders to a bolus infusion may, in some cases, not be normovolaemic but have a limited cardiac capacity to increase stroke volume. This is a confounder in any comparison between  $P_{msa}$  and fluid responsiveness, but it would probably have been a greater issue if the patients had been older.

CO was measured by the arterial waveform pulse contour analysis implemented in the FloTrac/Vigileo haemodynamic monitoring system, which requires a proprietary transducer (FloTrac) connected to a standard arterial catheter. The system can be used in conscious patients. It is uncalibrated and predicts vascular impedance based on demographic data. When compared with the pulmonary artery catheter, FloTrac/Vigileo showed a very small bias for cardiac index between 2 and 4 L min<sup>-1</sup> per m<sup>2</sup>, while lower values could be overestimated and higher values underestimated by approximately 1 L. The concordance rate was 84% [25].

The data were collected in the clinical setting, and the occasionally high SV at baseline may be due to preoperative stress.

The fluid used for the bolus infusions, Voluven, is questioned in Europe due to the risk of kidney injury in septic patients. However, most studies of fluid responsiveness have used Voluven to challenge the SV response, and therefore Voluven appeared to be the most conservative choice of fluid. Recent studies do not support that the use of Voluven during routine surgery is associated with kidney injury [26, 27].

The present work is a retrospective analysis of a clinical trial for which other details have been published and studied previously. The original purpose of the study was not to calculate  $P_{msa}$ . The original patient series included 25 patients who received volume loading with Ringer's solution, in addition to the 86 who received colloid. Those who received Ringer's solution were not included because 3 mL kg<sup>-1</sup> of crystalloid could not adequately challenge fluid responsiveness [12]. Only 20% of these patients showed fluid responsiveness during the first bolus infusion, which is 1/3 of the fraction of patients who received the colloid bolus.

### CONCLUSIONS

A mean systemic filling pressure analogue ( $P_{msa}$ ) indicated fluid responsiveness in patients who were given general anaesthesia followed by 3 successive bolus infusions of colloid fluid. If measured before anaesthesia was induced,  $P_{msa}$  could indicate how many bolus infusions would later prove to be warranted. A comparison between the changes in  $P_{msa}$  and the estimated blood volume changes suggested that general anaesthesia increased the unstressed blood volume by as much as 1.2 L.

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3. Conflict of interest: none.

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